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論文名稱(英)	Macronutrients and mineral contents of human milk from milk bank in Taiwan
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關鍵字(英)	donor human milk, human milk bank, preterm infant, mineral
摘要(中)	母乳是嬰兒最佳的營養來源，當早產兒的母親無法提供母乳給自己的嬰兒時，可改由來自母乳庫的捐贈乳，本研究由民國九十四年二月至九十四年八月收集臺北市立聯合醫院 40 位捐乳婦女，包含產後 1-17 月的 249 個捐乳樣本，分析母乳中三大營養及鐵、鎂、磷、銅、鈣、鋅、硒、鋁的含量，進而評估餵食母乳庫捐贈乳之新生兒礦物質攝取狀況，並找出簡單預測母乳礦物質之因子。各成份含量為水份 88±2%；熱量百分比分別為：蛋白質 8±2%；脂肪 28±8%；鈣 21.7 ± 6.4 mg/100 ml；鎂 3.26 ± 0.54 mg/100 ml；磷 9.30 ± 1.56 mg/100 ml；銅 20.79 ± 11 μg/100 ml；鐵 126.4 ± 32.2 μg/100 ml；鋅 78.07 ± 62.46 μg/100 ml；硒 1.27 ± 0.31 μg/100 ml；鋁為 108.3 ± 24.2 μg/L，除水份、脂肪、鎂、鈣、鋁外，蛋白質及其他礦物質隨著哺乳期增加有顯著的降低；生產一胎的捐贈乳鈣含量較生產胎數大於一胎者高（P<0.05）；鈣含量與捐乳婦女年齡呈負相關(P
摘要(英)	Human milk is considered to be the optimal nutritional source for the infant. When mother’ s own milk is not available, one of the alternatives is donor milk from human milk bank. Human milk samples during the period of 1 to 17 months of lactation were collected from 40 donor women in Taipei City Hospital from February to August 2005. The proximal composition, calcium, phosphorus, magnesium, iron, copper, zinc, selenium and aluminium contents in the breast milk were analyzed. Then, dietary mineral intakes of newborn from human milk bank were evaluated. The results indicated that H2O, content of the breast milk was 88±2% while protein, fat and carbohydrate were 28± 8%,, 8±2% and 64±8% (% calories) respectively。 Macro-mineral contents (Ca, P and Mg) of the breast milk were 21.7 ± 6.4, 9.30 ± 1.56 and 3.26 ± 0.54 mg/100 ml. The trace elements concentrations of the milk samples were as following: iron, 126.4±32.2 mg/100 ml; copper, 20.79 ± 11 μg/100 ml；zinc, 78.07 ± 62.46 μg/100 ml；selenium, 1.27 ± 0.31 μg/100 ml and aluminium, 108.3 ± 24.2 μg/L. Except H2O、 fat、 carbohydrate、, magnesium、 calcium and aluminum, protein and other mineral markedly decrease as the lactation prolonged. The calcium content was higher（P
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